

***Athelington, Horham & Redlingfield* DIRECTORY**



***USEFUL CONTACTS &
INFORMATION 2013***

GROUPS & CLUBS

Welcome to our third annual directory. Every effort has been made to make this supplement accurate but we will use your regular Athelington, Horham & Redlingfield News to update you on any changes we hear about. Please tell us of any you know of and, if you want an organisation or group included in the next directory, get in touch. Phone numbers are for the 01379 code unless stated. *Mike Ager & Evelyn Adey*

HORHAM & ATHELINGTON COMMUNITY COUNCIL (opposite the church): Membership £10 for a family living at one address, (2 adults and children up to 16 years), £5 for a single adult, £3 for a junior 16-18 years (age must be proven). Membership runs Jan 1-Dec 31. Membership forms are available from the bar staff, or Angela Wilkins on 384625. Community Centre club nights and opening hours: Wed, Fri, and Sat, 8pm-11pm (admission may be restricted when a private function is being held). Further information on membership or events from Angela Wilkins. Hall bookings via Karen Alderton on 384754. Chairman - Margaret Streeter, 384363. Personal Licence Holder - Rod Tyrrell, 388285.

HORHAM OLD SCHOOL & SOCIAL CLUB (next to church): Membership £5 per year, and the Club is open from 8pm till late on Tues and Fri. Chairman - David Mitchell (388148). Secretary - Margaret Streeter. Hall Bookings via Pip Florance, 384370, Laburnum Cottage, The Street, Horham. Personal Licence Holder - David Mitchell.

HORHAM BYGONES COUNTRY RALLY: The event is held annually at Horham & Athelington Community Centre on the second Saturday of the year. In 2013 the rally will be held on Saturday June 8. Show directors Don Moyes 07894 903829 Email horhamtractor@btinternet.com & Gary Woodrow 740496.

AGE UK (SUFFOLK) LINK: Redlingfield representative - Jacqueline Love, Western Barn, Abbotts Meadow, Redlingfield, 678805, Email: email@davidlove.f9.co.uk Age UK, Web: www.ageuk.org.uk (formerly Age Concern).

95TH BOMB GROUP HOSPITAL MUSEUM, Shingle Hill, Denham, IP21 5EU (open last Sundays of the month May-Oct inc, 10am-4pm or by appointment). Tony Albrow: 870514, Email: tony@albrow.org, Web: www.95thbghospitalmuseum.co.uk

95TH BOMB GROUP HERITAGE

ASSOCIATION/RED FEATHER CLUB: Horham Airfield, IP21 5DG (open last Sundays of the month April-Oct inc, 10am-4pm). Other visiting times may be arranged by appointment. Other events throughout year. Annual membership £8. James Mutton: 01728 860930, Email: jamesmutton@suffolkonline.net, Web: www.95thbghorham.com (picture of Red Feather Club sign).



REDLINGFIELD & OCCOLD WOMEN'S INSTITUTE: Meetings in Occold Village Hall on the first Wed of every month except January when they are on the second Wed. President, Pam Cripps, 672945.

Front page picture of Redlingfield Church by Simon Knott www.suffolkchurches.co.uk

ROYAL BRITISH LEGION - STRADBROKE AND DISTRICT BRANCH: The branch meet at The King's Head, Laxfield (Low House), starting 11.30am on the second Thurs of the month for a meeting with speaker and lunch. Branch Secretary - Rev David Streeter, 384363. The branch are happy to welcome new members and provide welfare support where appropriate. **EYE WOMEN'S SECTION:** All women welcome. Sec - Mrs C Elliott, 644981.

ROYAL AIR FORCES ASSOCIATION - DISS AND DISTRICT RAFA BRANCH (covers this area): Meetings at the Grasmere Club, Denmark Street, Diss, Norfolk, IP22 4LE, on the fourth Monday of the month. Secretary Marilyn Hurst, 643108), Web: www.onesuffolk.co.uk/DissandDistrictRAFA.

SUFFOLK ANIMAL RESCUE: 5 Cherry Tree Lane, Debenham, Suffolk, IP14 6QT. Rescued cats, dogs, rabbits and other small animals seeking new homes. 01728 860937, Email: suffolkar@hotmail.com, Web: www.suffolkanimalrescue.org



THE VALLEY FENS GROUP OF THE SUFFOLK WILDLIFE TRUST: Meetings on last Tues of Jan, Feb, Mar, Apr, Sept, Oct & Nov at Redgrave & Lopham Fen Visitor centre at 7.30pm. Meetings usually take the form of an illustrated talk. There is a charge of £2 which includes refreshments. In May, June & July there are guided walks in various locations. Tel: 608313 Web: www.suffolkwildlife.co.uk

THE EYE GRAMMAR SCHOOL FUND: This trust fund provides grants to young people and educational organisations serving those under 25 who live in Eye, Athelington, Bedfield and Horham. Special grants are available to cover expenses not met by the local education authority. For application form write to: the clerk, Sara Muldoon, 13-15 Church Street, Eye, Suffolk IP23 7BD. Tel: 870170..

DENHAM VILLAGE HALL: Charges for hiring the hall range from £35 for all-day hires by non-residents to £7 for residents' children's parties. Electricity, which includes most of the heating, is extra, paid by a 50p and £1 slot meter in the kitchen. Bookings can be made with Tina Chenery (870797). Hall management committee chairman: Mr Alan Pettitt; secretary: Rose McMahon (870346).

OCCOLD VILLAGE HALL: Jubilee Field, Occold, IP23 7PL. On the village Playing Field behind The Beaconsfield Arms. It is maintained by Occold Recreational and Amenities Council and administered by the Village Hall Management Committee. It is available for hire by local and non-local organisations. Rates range from £5.50 to £12.50 per hour. To book the hall contact villagehall@occold.com, 678844 or online at <http://occold.onesuffolk.net/local-services/village-hall/>.

NEW REEDING WOODS GROUP, POUND LANE WOOD, Redlingfield Road, Horham: Join a working party, or become a "friend" by calling Mike Reeves (668179). This community woodland is held in trust for the villagers of Denham, Horham and Athelington.

HOXON HUNDRED: Morris dancers and musicians practice on Wednesdays through autumn and winter at St Edmund's Hall, Hoxne, 7.15pm-10pm. Ron Ross: 643563, Email: hoxon@btinternet.com, Web: www.hoxonhundred.co.uk.

FRAMLINGHAM BRIDGE CLUB: Meets at the Conservative Club, Mon at 7 pm for duplicate bridge. All players welcome. Improvers Class Wed 2-5pm .

GROUPS, CLUBS, CITIZENS ADVICE & VETS ETC

STRADBROKE GUIDES & FRESSINGFIELD BROWNIES: Candice Dudley, 388308 or 07795 691051 or stradbrokeguides@yahoo.co.uk (Brownies for girls 7 and up; Guides 10 and up).

1ST FRESSINGFIELD SCOUT GROUP: BEAVER SCOUTS, (6 to 8 years) Mon 5-6:30pm; **TIGER CUB SCOUTS** (8 to 10 years) Mon 6:45-8:15pm; **WOLF CUB SCOUTS** (8 to 10 years) Wed 6-7.30pm; **PIONEER SCOUTS** (10 to 14 years) Tue 7-8.45pm; **ADVENTURE SCOUTS** (10 to 14 years) Fri 7.15-9pm; **EXPLORER SCOUTS** (14 to 18 years) Fri 7.15-9pm. Andrew Aalders-Dunthorne, Group Scout Leader, Scout HQ, Goodwin Hall, New Street, Fressingfield, IP21 5PG. Email: andrew.aaldersdunthorne@talk21.com Tel: 07908 262623 Web: www.fressingfieldscoutgroup.org.uk

1ST EYE SCOUT GROUP (incorporating Beavers, Cubs & Scouts): BEAVERS, (6 to 8 years - boys and girls), Wed 5.30pm-7pm Joan Norman, 890432, Email: joan.norman1@sky.com. **CUBS**, (8 to 10½ years), Fri 6.30pm-8pm, Sue Wood, 669233. **SCOUTS**, (10½ to 14 years), Tues 7.30pm-9.15pm, Neil Bolger, 07850 464111. Scout Hut, Wellington Road, Eye. Group Scout Leader is Joan Norman. **Explorer Scouts**, (14 to 18 years), Wed from 7.30pm, Neil Bolger (as above)

OCCOLD PRE-SCHOOL: Village Hall, Jubilee Field, Occold, IP23 7PL. For children from 2 to 5 years. Sessions Mon-Fri. Linda Jay 07790 605219, 678397 (after hours 01728 628 583) Email: occoldpreschool@aol.com Web: www.occoldpreschool.co.uk.

JUNGLE CUBS AND JUNGLE GIANTS: Now catering for children from 0-11 years. The Gymnasium, Kerrison, Stoke Road, Thorndon, Eye, Suffolk, IP23 7JG. Open Mon-Fri 7.30am-6pm. Contact Louise Austin or Whitney McMaster on 01379 678586.

CITIZENS ADVICE BUREAUX: Get advice online from www.adviceguide.org.uk. Consumer helpline on 0845 4040506 9am-5pm Mon-Fri excluding bank holidays.

DISS, THETFORD & DISTRICT CITIZENS ADVICE BUREAU: Diss: Shelfanger Road, Diss, Norfolk, IP22 4EH. Tel: 651333 Email: advice@disscab.cabnet.org.uk. Open: 10am-3pm Mon (drop in & phone advice); 10am-3pm Tues (phone only); 10am-3pm Wed (drop in & phone) & 4pm-6pm (appointments & phone); 10am-3pm Thurs & Fri (drop in & phone). Other services, solicitor and independent financial adviser, by appointment.

MID-SUFFOLK CITIZENS ADVICE BUREAU: STOWMARKET: 5 Milton Road South, Stowmarket, Suffolk, IP14 1EZ. Web: www.midsuffolkcab.cabnet.org.uk. Tel: 01449 676060 & 676280. Open: 9.30am-3.30pm Mon; 9.30am-3.30pm Tues; 9.30am-6.30pm Thurs; 9.30am-12.30pm Fri. Telephone service available Mon-Wed, 9.30am-3.30pm; Thurs, 9.30am-6.30pm; Fri, 9.30am-12.30pm with an automated service out of hours or when all advisers are busy.

INFORMATION CENTRE: HARLESTON INFORMATION PLUS: 8 Exchange Street, Harleston, IP20 9AB. Tel: 851917. Email: hip@harleston-norfolk.org.uk Open: Mon-Fri, 9.30am-3.30pm; Thurs, 9.30am-12.30pm, Sat, 10am-1pm. Offers information covering this area.

OAKWOOD VETERINARY GROUP: small animal, farm, agricultural and equine practice, Harleston, Norfolk, IP20 9EA & Eye branch 19 Church Street, Eye, Suffolk, IP23 7BD. Tel: 852146, emergencies 852146. Web: www.oakwoodvets.co.uk. Email: admin@oakwoodvets.co.uk.

MED AND VET UK: small animal practice, Dr Marie Bouvet, Unit 17 Brome Industrial Estate, Eye, Suffolk, IP23 7HN. Tel: 870999, emergencies 0784 1458999; www.medandvet.co.uk.

PUBLIC TRANSPORT CONTACTS: Bus timetables: 0845 6066171; Home-to-school transport: 0845 6066067; timetables: www.suffolkonboard.com. Bus route & service enquiries: 0845 6066067. Traveline: 0871 200 2233 & www.traveline.info. Community transport: www.suffolkcommunitytransport.org.uk.

SCHEDULED BUS SERVICES (HORHAM):

MONDAYS-FRIDAYS (except public holidays): Nightingales of Beccles' (01502 476048) Route 482 Framlingham-Diss service leaves Diss Bus Station 8.57am arrives Horham 9.26am; leaves Diss Bus Station 12.45 arrives Horham 1.14pm; leaves Diss Bus Station 16.25 arrives Horham 4.54pm; leaves Horham 10.30am arriving Diss Bus Station 11.04am; leaves Horham 2.20pm travels to Stuston Road Roundabout only arriving 3.11pm (school contract); leaves Horham 6pm arrives Diss Bus Station 6.34pm.

MONDAYS-FRIDAYS (except public holidays): Far East Travel's (01473 467970) Route 118 Eye-Ipswich leaves Horham at 7.25am arriving at Ipswich Old Cattle Market Bus Station at 8.43am. The return bus leaves Ipswich at 5.15pm arriving back after 6pm.

SATURDAYS: Simonds of Botesdale's (647300 475) Route 7 Diss-Norwich service leaves Horham at 9.37am arriving at Norwich Bus Station at 10.55am. The return bus leaves Norwich at 3.05pm arriving at Horham at 4.26pm.

FRIDAYS: Farelina Bus & Coach's Route 475 Wingfield-Stradbroke-Hoxne-Diss service leaves Horham from opposite the church at 9.52am arriving at Diss Bus Station at 10.35am. The return bus leaves Diss Bus Station at 1pm arriving at Horham at 1.35pm. Full timetable in bus shelter opposite church.

HIGH SUFFOLK COMMUNITY TRANSPORT (REDLINGFIELD): There are once-a-week return minibus services from Redlingfield to Diss and Stowmarket and monthly Bury St Edmunds and Norwich services .

DISS-FRIDAYS: The Worlingworth-Bedfield-Redlingfield-Eye-Diss service picks up from The Knoll at 10.07am arriving at Diss Bus Station at 10.32am. It returns from Diss Bus Station at 13.05pm arriving at Redlingfield at 13.30pm.

STOWMARKET-THURSDAYS: The Redlingfield-Worlingworth-Debenham-Stowmarket service leaves from The Knoll at 9.31am arriving at Stowmarket Market Place, Argos Store, at 10.36am. It leaves Stowmarket at 1.10pm arriving in Redlingfield at 2.15pm.

BURY ST EDMUNDS: 3rd Saturday of the month - The Bedingfield-Redlingfield-Southolt-Worlingworth-Tannington-Bedfield-Monk Soham-Debenham-Stowmarket-Bury St Edmunds service leaves from The Knoll at 9.38am arrives Bury St Edmunds 11.09am. It leaves Bury at 2.45pm arriving in Redlingfield at approx 4.15pm.

NORWICH: 4th Wednesday of the month - The Redlingfield-Southolt-Worlingworth-Bedfield-Monk Soham-Kenton-Bedingfield-Eye-Tivetshall St Mary service leaves from The Knoll at 9.31am arrives Norwich 11.11am. It leaves Norwich at 2.45pm arriving in Redlingfield at 4.25pm.

FELIXSTOWE: During Summer Farelina's Diss-Eye-Framlingham-Woodbridge-Felixstowe service (route 170) calls at Redlingfield - see magazine and village noticeboard.

SUFFOLK LINKS - HOXNE AREA: This bookable bus service operates 7am-7pm, Mon-Sat. The bus can take you to Debenham, Eye, Framlingham, the railway station at Halesworth or any of the villages within an area roughly between Framlingham and Horham and Laxfield and Wetheringsett. Connections can be made for onwards travel to places further afield. To book call 01986 875600. Bookings taken 10am-1pm, Mon-Fri.

TRANSPORT & CHURCHES

BORDERHOPPA DIAL-A-RIDE MINIBUS (ATHELINGTON, HORHAM & REDLINGFIELD): The Borderhoppa is available 8.30am-4.30pm Mon-Fri. Bookings can be made 8.30am-5pm Mon-Fri, need to be at least two working days in advance, but can be made up to four working days in advance, Tel: 854800. Email: borderhoppa@btconnect.com

CHURCH OF ENGLAND: St Peter and St Paul, Hoxne; **ST ANDREW, REDLINGFIELD**, Church Road; **ST PETER, ATHELINGTON;** **ST MARY, HORHAM**, Information on services & history www.redlingfield.suffolk.gov.uk
Main contacts for anyone who needs to get in touch with a member of the clergy are: Daphne Harvey, 384216; Athelington, Evelyn Adey, 01728 628 428; Redlingfield, Hazel Abbott, 678217; Brian Chester, Hoxne, 669157. **SERVICES & OPENING TIMES:** Check times on church/village notice boards and in village magazine. A new vicar is likely to be appointed during the year and, if so, will be announced in the magazine (St Mary church picture by Simon Knott www.suffolkchurches.co.uk).



HORHAM BAPTIST CHURCH, Horham Baptist Church, Chapel Lane. Pastor (starting April 2013) - Adam Blowes; Sec - Anne Jarrett, The Cottage Low Road, Monk Soham, Woodbridge, IP13 7ER, 01728 685582, Web: www.horhambaptistchurch.org

MAIN MEETINGS: Sunday: 10.45am - morning worship and Sunday school (Transformers), family service second Sunday in month, communion quarterly. 2.30pm - afternoon worship, communion first Sunday in month.

FOR UNDER 18s: crèche (0-3); Transformers (3-15); Megamix (5-11); Youth Group (11-16+); Brownies; Holiday Club (3-11).

LOCAL OUTREACH & COMMUNITY ACTIVITIES: Megamix (5-11); Youth Club (11-16+); Brownies; Holiday Club (3-11); parents & toddlers; Female Focus; seniors' meals.

THE CATHOLIC CHURCH OF ST. HENRY MORSE, Shelfanger Road, Diss, Norfolk, IP22 4DX, 642914 or 07946 390060. Email: HolyTrinityDiss@aol.com. Web: <http://henrymorse.tripod.com/> (no www). St. Henry Morse is the main church in the parish of The Most Holy Trinity in the Diocese of East Anglia. The Church was completed in 2012 and replaced the church of The Most Holy Trinity on Stanley Road. Parish priest is Fr. Simon Blakesley.

REGULAR MASS TIMES: Sunday Vigil Mass - Sat 6pm, Sun 10am; Mass in Polish is said once a month on the third Sun at 7pm; Mon, Tues, Thurs & Fri, 9am, Morning Prayer before at 8.40am; Wed 10am, Morning Prayer before at 9.40am; Sat 10am, The Rosary is said at 9.40am, Confessions 10.30am until 11.30am. Further details online.

JUBILEE BAPTIST CHURCH (the combined Grove Evangelical Church and Occold Baptist Church): Email: jubileebaptist@occold.com. Tel: 01449 774 609. Web: <http://occold.onesuffolk.net/> **MEETINGS - SUNDAYS:** 10.45am in Occold Village Hall; 6pm in Occold chapel. **WEDNESDAYS:** Friends & Neighbours meeting - for ladies, second Wed of each month at 7.30pm. A guest demonstrates a craft or speaks about their work or travels. **THURSDAYS:** 7.30PM Prayer and Bible Study in Occold chapel. **ALTERNATE FRIDAYS** (excluding school summer holidays): Youth Club, 7.30pm-9pm for nine-year-olds and older & 7.30pm-10pm for 12-year-olds and older, Village Hall.

FARMERS MARKETS, SHOPS, LIBRARIES & VOLUNTEERING

FARMERS' MARKETS ETC: EYE COUNTRY MARKET: Town Hall, Weds, 10am-11am. **DEBENHAM FARMERS' MARKET:** Community Centre, third Sat 9am-1pm. **DISS FARMERS' MARKET:** Marketplace, second Sat of month, 9am-1pm. **HOXNE ARTISAN MARKET:** St Edmund's Hall, second Sat, 10am-2pm. **OCCOLD MARKET:** Village Hall, last Sat month from March to Nov. **RICKINGHALL FARMERS' MARKET:** Village Hall, second Sat, 9am-12.30pm. **STOWMARKET FARMERS' MARKET:** Marketplace, first Fri, 9.30am-1pm. **STRADBROKE FARMERS' MARKET:** Stradbroke Business & Enterprise College, first Sat, term time, 9am-1pm.

HORHAM SHOP & POST OFFICE: The Street, Horham, IP21 5DY. Open: 9am-1pm, Mon-Sat; 2pm-5pm, Mon, Tue, Thurs & Fri. Open for about an hour early Sun morning.

EYE CHURCH SHOP: Mon, Wed, Thurs & Fri 11am-1pm (Feb-May); Mon-Sat 11am-1pm (Jun-Aug); Mon, Wed, Thurs, Fri & Sat 11am-1pm (Sept-Dec). Fairtrade & Church Shop contact Sue Watson 384558.

LIBRARIES: Residents may join both Suffolk (Web: <http://www.suffolklibraries.co.uk> Email: help@suffolklibraries.co.uk) and Norfolk (Web: <http://norlink.norfolk.gov.uk/> Email: information@norfolk.gov.uk) public libraries.

EYE: Buckshorn Lane, Eye, IP23 7AZ, 870515. Open: Tues 9.30am-1pm; Wed 9.30pm-1pm & 2pm-5.30pm; Thurs 2pm-5.30pm; Fri 9.30am-1pm & 2pm-7pm; Sat 9.30am-1pm; Sun 10am-3pm.

STRADBROKE: Court House, Queens Street, Stradbroke, IP21 5HG, 384768. Open: Tues 2.30pm-5pm & 5.30pm-7.30pm; Thurs 10am-1pm & 2.30pm-5pm; Fri 2.30pm-5pm; Sat 10am-12.30pm; Sunday 10am-3pm.

DISS: Tel: 642 609. Church Street, Diss IP22 4DD. Open: Mon 9am-5pm; Tues 9am-1pm; Wed 9am-1pm & 2pm-7.30pm; Thurs 9am-5pm; Fri 9am-5pm; Sat 9am-1pm.

MOBILE LIBRARY (HORHAM & REDLINGFIELD): The Mobile Library visits every four weeks on Thursdays - (Jan 17, Feb 14, Mar 14, April 11, May 9, June 6, July 4 etc). It stops at The Knoll, Redlingfield, 11.50am-noon and Horham Church, 12.15pm-12.35pm. Tel: 01473 584563. Email: help@suffolklibraries.co.uk

VOLUNTEER CENTRE MID-SUFFOLK: Volunteering opportunities on offer include driving community vehicles, visiting and befriending and getting involved in community projects. The Centre at Red Gables Resource Centre, Ipswich Road, Stowmarket, IP14 1BE, is open Mon-Fri 9am-2pm (closed Wed). Tel: 01449 612486. Email: midsuffolk@volunteercentressuffolk.co.uk, web: www.do-it.org.uk or www.optua.org.uk

BROME & OAKLEY COMMUNITY RECYCLING CENTRE: Brome Industrial Estate, Brome, Eye, Suffolk IP23 7HN. Open every weekday (except Wed) and on Sat 9am-5pm. Open on Sun 10am-4pm. All recyclable materials will be accepted for free, except green waste, wood and hard core, for which there is a charge of £6 per car. The £6 charge also applies to landfill waste. Web: www.greensuffolk.org

This directory is produced by Evelyn Adey (evelynadey@e1603.fsnet.co.uk, 01728 628428, Ivy House Barn, Southolt Road, Athelington, IP21 5EL) & Mike Ager (mike@gn.apc.org, 01379 678835, Hidcote Lodge, Mill Road, Redlingfield, IP23 7QU) in conjunction with the Athelington, Horham & Redlingfield News magazine which comes out four times a year.

HORHAM & ATHELINGTON PARISH COUNCIL: Tel: 384625

REDLINGFIELD PARISH MEETING (www.redlingfield.suffolk.gov.uk): Tel: 678835
Email: pc@redlingfield.suffolk.gov.uk

MID SUFFOLK DISTRICT COUNCIL (www.midsuffolk.gov.uk & www.csduk.com): General Enquiries, Mid Suffolk District Council Offices, 131 High Street, Needham Market, Ipswich, Suffolk, IP6 8DL. Tel: 0845 606 6067 or 01449 724500. Fax: 01449 724627. SMS text mobile: 07827 842833. Email: customerservice@csduk.com or webinfo@midsuffolk.gov.uk.

SUFFOLK COUNTY COUNCIL (www.suffolk.gov.uk & www.csduk.com): Suffolk County Council public enquiries: 08456 066 067 (Mon to Fri 8.30am to 6pm, Sat 9am to 1pm). Suffolk County Council payments line: 0845 303 9482 (24 hours a day 7 days a week). Email: customerservice@csduk.com.

DISTRICT COUNCILLOR: Elizabeth Gibson-Harries Tel: 384680
Email: elizabeth.gibson-harries@midsuffolk.gov.uk

COUNTY COUNCILLOR: Guy McGregor Tel: 668434 Email: guy.mcgregor@suffolk.gov.uk

MEMBER OF PARLIAMENT (www.drdanielpoulter.com): Dr Daniel Poulter
Tel: 0207 219 7038 Email: daniel.poulter.mp@parliament.uk House of Commons, London, SW1A 0AA. He is also available via his constituency office: 19, The Business Centre, Earl Soham, Suffolk IP13 7SA.

POLICE: (www.suffolk.police.uk): Eye Police Station, Mid-Suffolk North Safer Neighbourhood Team, The Lodge, Castleton Way, Eye, Suffolk IP23 7BH. Our Community Police Officer is PC Jacqui Thomas & our Police Community Support Officer is Steven Long. Email: midsuffnorth.snt@suffolk.pnn.police.uk
The nationwide non-emergency number is 101 (you can ring 101 from any phone anywhere in the country and be put through to the force you require).
Crimestoppers Tel: 0800 555 111

In an emergency dial 999. You should dial 999 when life is threatened or people are injured, or if there is a crime in progress or an immediate police response is necessary. It is better to be safe than sorry.

NEIGHBOURHOOD WATCH: Horham, Hav Wilkins (384625)
Redlingfield, Chris Gibbons (678169)

NHS DIRECT: For health advice and reassurance, 24 hours a day, 365 days a year call 0845 4647 or visit www.nhsdirect.nhs.uk

NHS 111: For medical advice and urgent healthcare information, 24 hours a day, 365 days a year call 111 (calls free).

DOCTORS: Fressingfield Medical Centre, New Street, Fressingfield, IP21 5PJ – 586456 and Stradbroke Medical Centre, Wilby Road, Stradbroke, IP21 5JN – 388313 (www.fressingfield-medical-practice.co.uk). The Health Centre, Castleton Way, Eye, Suffolk, IP23 7DD – 870689 (www.eyehhealthcentre.co.uk)

OTHER USEFUL PHONE NUMBERS:

ELECTRICITY EMERGENCY: 0800 783 8838

GAS EMERGENCY: 0800 111 999

ANGLIAN WATER EMERGENCY: 0800 145 145

ESSEX & SUFFOLK WATER EMERGENCY: 0800 526 337

REMEMBER THAT AFTER PUBLIC HOLIDAYS RUBBISH COLLECTIONS ARE A DAY LATER THAN USUAL
